



**MEN'S
LEADERSHIP
DEVELOPMENT
GROUPS**

SESSION 4 | HOMEWORK

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MONTHLY BOOK JESUS I NEVER KNEW CHAPTERS 8-14

- The goal of the Learning Guides is to help members read with greater intentionality and application.
- Four parts of the Learning Guides include:
 - > a brief summary of the book
 - > key insights
 - > personal application
 - > key quotes

READ SACRED RYTHEMS CHAPTER 4

BIBLE

BIBLE PASSAGE | Luke 14-21

MEMORY VERSE | Luke 19:10

PRAYER | God, in what ways do you hope I experience more life?

- Be prepared to quote the first memory verse. You will be called on to recite these verses, including the keyword and the reference. Spend time each month meditating on the verse, reading the context for the verse, and praying the monthly prayer.

ASSIGNMENT MARRIED MEN :: LOVE NOTE

- Sometime during the next month, write your wife a note and leave it where she will discover it when you aren't around.
- Tell her how you felt when you first fell in love with her.
- Tell her that you love her now and you will always be there for her.
- Your assurance that you will always be there is huge—maybe much more important than you think.
- Come ready to report back to the group about what happened.

ASSIGNMENT ALL MEN :: SPIRITUAL HEALTH ASSESSEMENT

This booklet is divided into the five priorities of Gospel-Centered, Connect, Lead, Transform,

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and Glorify. To get the most out of this booklet we suggest you do the following:

1. Take the *Spiritual Health Assessment*.

If you haven't already taken the *Spiritual Health Assessment*, stop right now and take it. The assessment will give you a snapshot of your spiritual health, and pinpoint areas that may be out of balance. This will help you identify the priorities you would like to work on and those in which you are strong. We also highly recommend that you tear out the *Friend Feedback Assessment* and ask a friend or spouse to fill it out for you. Just as with your physical health, it can often be helpful to get a second opinion.

2. Find the Priority You Want to Work On.

Find the priority you would like to work on by transferring your assessment scores to the *Spiritual Health Plan* on the inside back cover of this booklet. We suggest you work on either the priority with the lowest score on your *Spiritual Health Assessment*, or on a priority the Holy Spirit may be nudging you to consider. When you have selected the priority, locate the corresponding page in this *Spirit Health Planner*.

3. Choose a Crawl, Walk, or Run Step to Get Started.

In this booklet you will find a table for each priority with a beginning step (crawl), an intermediate step (walk), and a more advanced step (run) for each of the questions found in the *Spiritual Health Assessment*. Pick the step or steps you want to take for the area you have chosen to work on. You will also find a resource page for each priority with recommended books, small group studies, short term group, and practical suggestions that will take you further in your growth.

4. Transfer the Steps to Your Health Plan.

Transfer the steps you have chosen to the *Spiritual Health Plan* on the inside back cover of this booklet.

5. Find a Spiritual Partner.

Many of us start out with good intentions but lack the discipline to follow through with our plans. Make it a point to pair up with a spiritual partner who can help you follow through on the growth steps you have chosen to take. A Spiritual Partner is an individual, usually of the same gender, who is committed on an ongoing basis to helping you deal with life and all that it offers. This person should be a good friend who encourages you, helps with accountability when needed, and actively supports you as you take spiritual risks and face challenges unique to your life. One of your fellow small group members is likely to be this kind of friend.